



SUNDAY 26 FEBRUARY 2017

EVENT INFORMATION

REGISTRATION

All entered riders must register at the Event Centre on:

Saturday 25 February: 2pm – 8pm

Sunday 26 February: 6.30am – 8.30am

You will receive a race bag with your race plate, cable ties, map and sponsors products.

All riders must register at the Event Centre BEFORE going out on course.

ONLINE ENTRIES CLOSE 6pm WEDNESDAY 22nd February.

Riders may still enter at the event centre on Saturday 2 - 8pm or Sunday 6.30 - 8.30am at Registration. All entries after Wednesday 22nd February will incur a \$15 late fee.

SATURDAY FEBRUARY 25

The Willo Course will be marked out by 12pm.

Registration opens at 2pm. Once you put your race plate on, our Event Insurance (MTBA) covers you.

SATURDAY EVENING

Coffee and tea will be available from [Snax on Trax](#) at the Event Centre from 5pm. Dinner will be available between 6 and 8pm.

BRIEFING AND START PROCEDURE

13KM Riders

7.40am. Briefing for all 13km riders at the finish area. Riders will then move down to [Start Area](#). The 13KM race will start at 8am and finish at 9.00am.

25KM 50KM 75KM Riders

At 9.00am, all other riders congregate at the [finish area](#) for briefing. At 9.15am riders move to start area and marshal in their designated groups. The group number and colour is on the race plate, on start lists (on the website and on the notice boards). Within each of these groups, riders seed themselves with the fastest riders going to the front of the pack, and the slower riders towards the back.

Riders will be called by race marshals to commence the race at the designated times. All riders will race up the slope, past the event centre, and on to the course. See Start Times page 3 of this document.



SUNDAY EVENT TIMES

6.30 – 8.30am	Registration open (except sub juniors)
6.30 am	Food and Coffee services open
6.30 – 8.30am	Track open for riding (must register first)
7.40 am	13KM (U13 U15) riders assemble at their Start Area at Event Centre
8.00am	13KM (U13 U15) Start their race
9.00am	All other riders (not 13KM) move to Finish area for briefing
9.15am	Riders move to the Start Line
9.30am +	Race Start as per schedule
9.30 – 10.00am	Registration for Sub-Junior Race (5 – 10 years olds)
10.30am	Sub Juniors (5 – 10 years) race at Event Centre
11.00am	Sub-Junior Race Start
10.30am +	Presentations Start as per schedule
1.30pm	Cut off time for starting a lap
4.00 pm	Food and coffee services close



2017 START GROUPS COLOURS & TIMES

13KM Female U13	7	8.00am
13KM Female U15	7	
13KM Male U13	7	
13KM Female U13	7	

75KM Male elite	1	9.30am
75KM Male Open	1	
75KM Male Master 1/2	1	
75KM Junior Male	1	

50KM Male Open	2	9.31
50 KM Male Master 1/2	2	
50KM Male Junior	2	
50KM Single Speed	2	

75KM Female elite	3	9.32
50KM Female Master 1/2	3	
75KM Female Open, Master 1/2, Junior,	3	

75KM Male Master 3/4	4	9.37
75KM Male Masters 5/6	4	
75KM Male Master 7/8	4	
75KM Female Master 3/4	4	
75KM Female Masters 5/6	4	
50KM Team of 2	4	

50KM Male Master 3/4	5	9.41
50KM Male Master 5/6	5	
50KM Male Master 7/8	5	
50KM Female Master 3/4	5	
50KM Female Master 5/6	5	
50KM Female Master 7/8	5	

25KM Open Male and Female	6	9.45
25KM U17 Male and Female	6	
25KM Masters Male and Female	6	
25KM U15 Male and Female	6	

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SAMPLE RACE PLATE

Please note group no & colour on right hand corner of plate.

EMERGENCY CONTACT PHONE NUMBER IS PRINTED ON YOUR RACE PLATE

PRACTICE LAPS

The course will be marked from noon Saturday 25 February. Full race services, including First Aid, provided from 8.30am until 3pm Sunday.

MAP

Click [here](#) for race map. All riders will receive a map in their race bag, and enlarged versions of the map will be on view at the Event Centre. The course has altered slightly since printing of the map. These are for the Start and at the end of "Princess's Revenge". Check the notice board to familiarise yourself with the changes.

SPECTATOR POINTS

Spectator points indicated on a map at Event Centre.

DURING THE RIDE

Safety and Assistance for riders

State Medical Assistance will be at the Event Centre on Sunday 8.30am – 3pm. If you come across an injured rider, you must stop and tell the next rider to alert the next marshal. Marshal positions are marked on the map. If you are at all unsure about the severity of the accident or incident, ring the emergency number written on your race plate. Times will be adjusted where this is appropriate.

TO AVOID UNNECESSARY ACCIDENTS, ALWAYS RIDE WITHIN YOUR ABILITY AND CONSIDER OTHER RIDERS

WITHDRAWING FROM THE EVENT

If you feel unable to complete the race, notify a marshal, and return to the Event Centre following your map. You must notify timing officials when you return to the Event Centre.

INDIVIDUAL RIDER WATER/FEED ZONE

75km riders can park their cars beside the track, and feed from there. A feed zone is also marked for all 50KM and 75KM riders. [Feed Zone](#)

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WATER & FOOD

All riders need to carry enough water for each lap. Water is available at the Event Centre. All riders need to carry nutrition with them for each lap. If you are new to endurance events, the advice is to take more than you think you need, and eat and drink more often than you think you need.

CUT OFF TIME

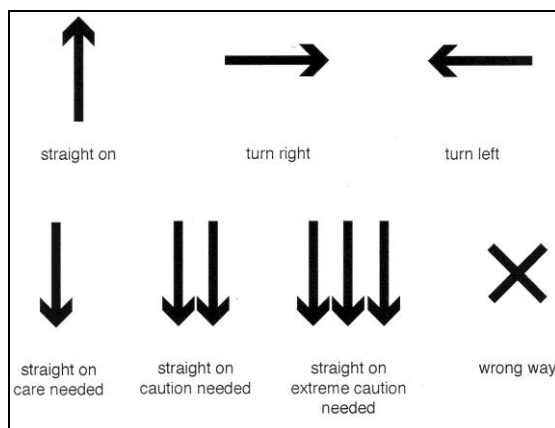
There will be a cut off time of 1.30pm. No rider from any category to commence another 25km lap after this time.

SIGNAGE

The format for the Willo in 2016 will be similar to past years. Riders choose between 13 KM (for U13), 25KM, 50KM or 75KM categories. The race route follows the well-established "Red Trail" (with some variations).

The 25KM course is signposted with black on orange arrows and "Willo" bunting

The 13KM course is signposted with black on blue arrows with "Willo" bunting.



RACE RULES

- All riders must have a technically sound mountain bike in good working condition
- All riders must wear an Australian approved cycling helmet
- All riders must carry enough water and food to sustain them for the duration of the ride
- All riders must carry a pump, puncture repair kit and spare inner tube (and know how to use them)
- Race numbers must be firmly attached to the front of each bike, and be clearly visible
- Please do not litter the forest. All riders to take rubbish out as they leave
- Riders must assist other injured riders. Where appropriate, the time will be compensated
- All riders must register at the prescribed times
- All riders must read, understand and agree to the terms of the MTBA Event waiver form and agree with the terms of the waiver form. Riders under 18 years of age must have a parent or guardian sign on their behalf. If you have entered on-line you have already agreed to the waiver. All riders who received complimentary entries must fill out and sign a waiver form at Registration. Registration marshals will have lists of those required to do this.
- Overtaking – call "track" or "rider" if riders need to overtake. Remember, the rider in front has right of way, until a clear section becomes available for passing.



KOM

Points are awarded for KOM at the top of a steep climb from Spratts Road (approximately twenty kilometres from the beginning of each lap) for each of the three laps. Points are given to the first five riders who reach the top of the climb in the Male 75KM and Female 75KM categories. The KOM winner will be the rider with the highest number of points after three laps are completed. (For both male and female 75km categories) The KOM will be marked 1km and 500 metres before the start of the climb and marked clearly at the finish of the climb for KOM points.

PRIZES AND PRESENTATIONS

Presentations occur throughout the morning, from 11.30am – 2pm. Check the notice board for specific times. Winners in all categories receive with prizes donated by our sponsors. As well all XCM prize winners receive medals

10.30am	All 13KM categories
11.30am	All 25KM categories
Noon	Little riders – Sub juniors. Small prizes and lots of give always Bike giveaway for a little rider
12.30pm	All 50KM categories XCM Half Marathon winners
1.45pm	Main Presentation KOM winners All 75KM presentation XCM Full Marathon presentation Giant Anthem bike giveaway Thanks More giveaways

START LISTS

[Start lists](#) will be on the board at the Event Centre. They are also available on the website. Check these lists to make sure we have listed you correctly in the correct category. And check your race number – **you need to know your number to collect your race plate.** [Race numbers here.](#)

RACE RESULTS

- Lap times and overall results will be on TV's in the event centre.
- Results will be live on the 'DURT' WIFI network, for riders with smart phones/tablets throughout the race
- Depending on mobile coverage, results will be live at www.durt.com.au
- Results will be available on www.durt.com.au/events/willo2015/ and jameswilliamson.com.au after the event



EVENT FACILITIES

The event centre is on Gulp Rd. [Click here](#) for map. Food, first aid, massage and toilets are available at the Event Centre on Sunday 26. This is where everyone must come to register.

FOOD

SNAX ON TRAX will offer food from the event centre. Coffee/tea drinks will be available on Saturday evening from 5pm and dinner 6pm – 8pm. Sunday 6.30am – 4.00pm

PARKING AT THE EVENT CENTRE

Parking is at the event centre. Marshals will guide you to park in specific areas. Please follow these directions, as this will allow traffic to move freely to and from the site all day.

MOBILE RECEPTION

There is limited mobile reception at Wingello, although Telstra Next G covers most areas in the forest.

SUB JUNIORS & JUNIORS

4 – 10 year olds race at the Event Centre on a small section of single track at the back of Registration. There are two categories for this race.

- At 1030am, the 4.5.6. year olds will race.
- At 11am the 7 - 10 year olds will race.

These age demarcations are flexible. This activity allows the younger kids have a go, whilst recognizing that their riding ability varies a lot. Talk to the volunteers at registration to help you decide which level your child can ride/race. This is meant to be a fun activity not a real “race”! All sub juniors and juniors must register for this race between 9am & 11am at Registration. All riders need to pay \$5. All riders in these two events receive a race plate and a prize.

INSURANCE

MTBA Insurance covers all riders. See the [MTBA website](#) for information on the insurance cover for riders.

MASSAGE

Nelson Santos is a Remedial Massage therapist with over 20 years of experience based in Petersham (Sydney’s inner west). Nelson will be at the Willo Enduro to provide post event massage. The cost will be \$30 for 30-minute session. Don’t miss out. Make your booking early.

XCM

The Willo Enduro is the first in a series of events that make up the [National XCM Series](#). All the information regarding the series can be found <https://www.mtba.asn.au/event/xcmnationalseries/>

